


Create Environments in Which You Thrive

<p>Vision</p>	<p>Resilient, driven, and productive workplaces that routinely engage human-centered design practice to achieve health at work.</p>
<p>What We Do</p>	<p>Viva helps you showcase enterprising leadership to achieve award-winning human-centred design solutions.</p> <p>We specialise in human factors and ergonomics solutions: physical ergonomics, neuro-cognitive ergonomics, and organisational ergonomics. Our services include:</p> <ul style="list-style-type: none"> • Human factors design • Organisational systems review • Ergonomics - industrial and office • Green Star Interiors - ergonomics credit • Training - leadership, safety, health and wellness <p>Our concern is the welfare of your business, people and culture. We are interested in helping your organisation achieve lingering transformation that leaves a legacy of change for the better. We want to see you exist in a workplace that is better than good; it is enviable and desirable – <i>where greatness begets excellence.</i></p>
<p>We Believe</p>	<p>Human factors engineering and participatory ergonomics paves the way toward an emerging culture of smart design.</p> <p>A culture of intelligence in the workplace is achieved when design philosophy is employed to address productivity and efficiency opportunities and tackle the most challenging risk exposure.</p> <p>Exposure to hazardous manual tasks or poor design of equipment or work process is a source of a large number of sprain & strain or slip, trip & fall injuries in many heavy industries and intervention should be focused in these areas.</p> <p>Safety and productivity are not interchangeable or independent, nor is sound leadership process, they must be synergistic in work practice.</p> <p>A workplace is an environment that can and should be used to help foster optimum work performance throughout the employee life-cycle: from hire to retire, and the equipment and human interface life-cycle: from procurement to retirement.</p>
<p>Values</p>	<p>Infinity education, human-centered design, fostering strong relationships, positive performance through worker engagement to become architects of superior work design</p>

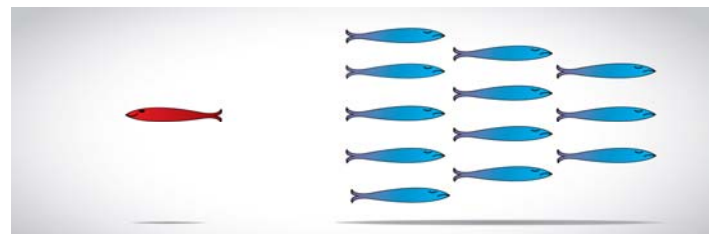
<p>Mission</p>	<p>To partner with our clients to determine the most effective means for productivity, leadership, safety, health, and wellness practice to make a meaningful and measurable difference to their business. We are interested in helping an organisation achieve lingering transformation that leaves a legacy of change for the best.</p>
<p>Motto</p>	<p>Create Environments In Which You Thrive</p>
<p>Who We Are</p>	<p>Viva! Health At Work have operated in South East Queensland since 2005 originally as a niche, boutique, single-person project consultancy service and now includes a team of advisors and trainers in ergonomics, human factors, and health and wellness. Our team holds diverse skill-sets in business leadership, workplace training and learning development, ergonomics, exercise science, clinical intervention, safety systems, and wellness interventions. Our referral network includes other boutique consulting firms in holistic medicine and health, human factors, ergonomics, engineering design, psychology, exercise science, nutritional science, training, simulation & animation, and vocational rehabilitation & injury management to assure our clients a service continuum where it is needed. We are devoted to the welfare of our client’s business, people and culture.</p>
<p>Ergonomics Intervention</p>	<div style="display: flex; align-items: center;"> <div style="flex: 1;"> <p>Step 1: Analysis Teams Work Analysis: Consultation With Workers Hierarchical Risk Based Task Analysis Work Flow Job Analysis</p> <p>Step 2: Participatory Ergonomics Teams Risk Determination Equipment and Tools: Design Measures Determine Potential Unwanted Events Consider Design Standards, Productivity</p> <p>3: Step: Strategy Teams Human Factors Design Strategy Control Intervention Recommendations</p> <p>Step 4: Trial & Analysis Teams Assess Controls, & Re-Assess Determine Feasibility / Resources Simulate and/or Test in Natural Environment Trial, Assess Trial, Implement, and Advance Measure, Communicate, Celebrate</p> </div> <div style="flex: 0.5; text-align: center;">  </div> </div>

<p>Service Area</p>	<p>Sunshine Coast: Brisbane: Gold Coast</p>
<p>Benefits Expect an average 49.5% reduction in incidents with significantly fewer sprain strain injuries among workers, and 64.5% reduction in cost*</p> <p>*In Goggins et al (2008) Journal of Safety Research, 39, 339 – 344.</p>	<ul style="list-style-type: none"> ▪ Improve productivity, morale, health, and safety through human-centred design of equipment, tools, and work systems ▪ Compassionate approach to work analysis that helps develop leaders in the field ▪ Develop a deeper understanding as work as done, rather than work as imagined ▪ Assure a quality “fit” among job task demand, equipment, and worker ▪ Increase worker morale, commitment and belief in their work beyond that which is “just a job” ▪ Optimise work performance throughout the employee life cycle: from hire to retire ▪ Inspire workers to care about their health & wellness to remain fit-for-work, play and family activity ▪ Achieve regulatory compliance ▪ Promote, activate, and catalyse sound leadership
<p>Cost Effectiveness*</p> <p>*Oxenburg’s (1991) Estimates of effectiveness of safety interventions</p>	
<p>Industries</p>	<p>Civil & Road Construction, Manufacturing, Commercial Engineering, Retail, Logistics & Transport, Environment & Resource Management, Finance & Accounting, Legal, Office Interiors, Call Centres, Control Rooms – Heavy Industry; Entertainment; Health, Disability, & Social Welfare, Mining & Minerals Industry, Marketing & Communications, and Tourism & Recreation: Government and Non-Government Organisations</p>
<p>Services</p>	<ul style="list-style-type: none"> ▪ ViBody: Office Ergonomics <ul style="list-style-type: none"> <input type="checkbox"/> Office Workstation Assessments: 1:1 or Group <input type="checkbox"/> Advice for Office Fit-Out & Design <input type="checkbox"/> Green Star Ergonomics Credits: Office Interior <input type="checkbox"/> On-Line and Face-to-Face Training: Vi-Work: Office <input type="checkbox"/> Activity-Based Work design review and consultation ▪ ViBody: Industrial Ergonomics <ul style="list-style-type: none"> <input type="checkbox"/> ErgoAnalyst: Participatory Ergonomics Risk-Assessment & Project Management <input type="checkbox"/> Human Factors Design Analysis

<p>Services Continued</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Risk-Based Job and Task Analysis <input type="checkbox"/> Employment Functional Screening and Anthropometric Assessments <input type="checkbox"/> Training: Hazardous Manual Tasks – hazard ID approach <input type="checkbox"/> ViTool Talks: On-line or customized by request ▪ ViMind: Neuro-Cognitive/ Psychological Ergonomics <ul style="list-style-type: none"> <input type="checkbox"/> Work Factor Analysis: Values and Work Satisfaction Match <input type="checkbox"/> Engagement Surveys and Project Planning to Improve Engagement <input type="checkbox"/> Human-centred design facilitation to optimise the match of task demand with cognitive work capacity ▪ ViWork: Organisational Ergonomics <ul style="list-style-type: none"> <input type="checkbox"/> Development of Positive Performance Lead Indicators: Human Centred Design and Participatory Ergonomics Programs <input type="checkbox"/> Discrete Simulation & Animation: modelling and design, test the “what-if’s” <input type="checkbox"/> FRAM: Functional Resonance Analysis Modelling: systems modelling <input type="checkbox"/> Worksite safety investigations: Bow-Tie, Root Cause Analysis ▪ Wellness... Powered by VIVA ! <ul style="list-style-type: none"> <input type="checkbox"/> Posture & Functional Movement Screens <input type="checkbox"/> Bio-Age Assessment <input type="checkbox"/> Soft Tissue Management On-Site Services <input type="checkbox"/> Workshop: “Straighten Up to Power Up! Upper Quadrant (Shoulders): Practical Self-Management Mobilisation Strategies <input type="checkbox"/> Training: Sleep & Fatigue; Hydration & Nutrition (worksite fundamentals) <input type="checkbox"/> Training: Optimising the Ageing Workforce; Supporting the Youth at Work <input type="checkbox"/> Training: Resilience: Relaxation from the Inside Out (view our menu of training services for more options) <input type="checkbox"/> Compass Training: Unleash Your Creative Thinking <input type="checkbox"/> Office Workstation Ergonomics (as per ViBody)
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Contact:

Sara Pazell – Director
P: 1300 848 243
M: 0421 824 644
E: info@vivahealthgroup.com.au
W: www.vivahealthgroup.com.au



Our Client List Includes:

